



August 2020 Newsletter

American Legion Urbandale Post 663

6805 Douglas Avenue

Urbandale IA 50322

Phone: 515-278-8940

WWW.POST663.ORG

**OFFICERS LIST**

Commander	Mike Knight	515-556-9239	Chaplain	Rob Stark	515-979-2925
1st Vice	Connie Gregory	515-210-8158	Finance Officer	Ted Rutherford	515-240-0241
2nd Vice	Larry Draughn	515-238-1856	Sgt-At-Arms	Mark Dreckman	515-491-8973
Adjutant	Gordon Hendrickson	515-681-9663	Membership	Peg Mullen	515-205-6853
Historian	Lynn Clary	515-494-1510	Facility Manager	Fred Gagen	515-669-2612
Service Officer	Robert Morris	515-278-4231	Bldg. Rental	Gordon Hendrickson	515-681-9663
Auxillary President	Meribeth Haynes	515- 480-2429			

“This nation will remain the land of the free only so long as it is the home of the brave.” – Elmer Davis

**The Commanders Comments:**

The world has changed drastically in the past few months, and each of us has changed along with it. The outbreak of COVID-19 sent our nation into crisis, claiming lives and putting Americans through a terrifying ordeal.

The disease has rolled through the country like nothing in recent memory, heightening anxiety, fear and isolation, not to mention unemployment and economic uncertainty. We have all been living on edge for months, afraid of making choices that could potentially do devastating harm to our families, our friends, our neighbors and ourselves.

Please continue to be cautious and we will all get through this together.

We are all looking forward to the day that we can open up our Post and resume some kind of normalcy.

We have had our Officer Meeting and have agreed that Post 663 will not have a Dinner/ Meeting until 2021 and only before we evaluate the situation at that time.

I know this comes as a disappointment to our Members, but with rising totals across the country and the uncertainty of opening up and exposing our members to possible illness; it's not worth it.

With this being said, the officers will continue to have their meeting via ZOOM.

Michael B. Knight  
Post 663 Commander

**Auxiliary News Urbandale Unit #663**

The Auxiliary continues to follow the guidelines of the Legion Post for when meetings are possible to be held there. Please pay your membership as soon as possible. Questions can be sent to Meribeth at: Meribeth Haynes -- mbhaynes18@gmail.com

**\*\*\* Board Position Opportunity \*\*\***

**We have an opening on the Board for a person to assume our Building Rental duties. This position is responsible for**

**Coordinating all processes related to renting out the Post building, as well as providing an opportunity to earn commissions on the rental fees. Building rentals are important to Urbandale Post 663 as a source of income to support our ongoing community activities. If you or anyone you know is interested, please contact Gordon Hendrickson directly at ghlegion@q.com or 515/480-4348.**

**\*\*\* Membership Report \*\*\***

The 2021 membership campaign has had a busy kick off, and thank you to those members that paid their 2021 dues so quickly. As of August 6, we have 123 members that have renewed for 2021, plus 43 Paid Up for Life members. So our total membership in good standing at this time is 166. A great start! We have had 16 fellow Legionnaires pass away since January 1, 2020. Veteran needs, programs and services are not slowing down with the pandemic. We may not be meeting as a Post, but the Legion work continues behind the scenes every day to assist veterans. If you are able, please send your 2021 dues now, or pay online -- which is very easy to do. If you have any questions about dues, or your membership status, please reach out. Thank you.

Peg Mullen, Membership Chair  
mullen.margarete@gmail.com phone 515-205-6853

**\*\*\* Perform Buddy Checks \*\*\***

**Check in with older veterans in your communities to make sure they have the supplies they need, are feeling healthy and help them acquire the resources they need. Of course, Buddy Checks can be done with phone calls and emails so as not to risk spreading or contracting coronavirus.**

**Donation:**

**ACORN STAIRLIFT TO A GOOD HOME  
CALL FOR INFORMATION.  
ED RIDNOUR 515-202-9000**



**URBANDALE POST 663**  
**6805 DOUGLAS AVENUE**  
**Urbandale IA 5032**

**POST EVERLASTING:**

Please notify us when you know of a member who has passed away, we want to be sure to get them enrolled in Post Everlasting. Please Contact Peg Mullen 515-205-6853 or mullen.margarete@gmail.com with name of member who passed away.

**E-mailing Newsletter:**

This is your monthly reminder that if you would like to receive the Post newsletter through email, please send an email to Peg Mullen (mullen.margarete@gmail.com) to be added to the email distribution list. \*\*This can effect a considerable cost savings to the post as each mailed newsletter costs approximately \$0.50 each month. Your email address will not be Shared with any other organization or used for anything other than communication from our post.

**Healthy & Active:** Advanced Ultrasound Technology look inside your arteries for signs of plaque buildup that's why **9 out of 10 cardiovascular doctors** support preventive screenings for those with key risk factors

**Where: Urbandale American Legion Post 663**

**When: Thursday September 4, 2020**  
**Pre-Registration is Required Call**  
**1-866-229-0469**

**Package 1** – 4 Tests Plaque, Vascular and Heart Rhythm \$139.00

**Package 2** – 5 Tests Add an osteoporosis Screening for only \$10.00 more.

**Officer's Meetings:**

Are held the first Thursday of each month @ 6:30 PM.

**Flags for Sale:**

American Legion Post 663 sells new flags in three sizes 3X5 - \$30.00, 4X6 -\$40.00, 5X8 - \$50.00 the Post keeps several in stock.

**VETERANS ON THE MOVE**

Please accept the challenge of your Post Officers to get active and stay active during the Covid-19 pandemic while supporting your Legion Post and Post Auxiliary. The challenge is to move at least 66.3 miles (walk, run, treadmill, elliptical, stationary bike, bicycle, or other non-motorized vehicle) between September 1, 2020 and Veterans Day, November 11, 2020. The registration fee is \$6.63. An appropriate recognition will be awarded upon successful completion of the program. Simply send your name along with a check payable to American Legion Post 663 to 6805 Douglas Avenue, Urbandale, Iowa 50322. Please contact Gordon Hendrickson [ghlegion@q.com or 515-480-4348] with any questions. **Remember, this is for all Auxiliary and Post members**

**Dates to Remember:**

**September 7, Labor Day**

**September 11. Patriot Day**

**September 18, Rosh Hashanah  
Sundown**

**September 27, Yon Kippur sundown**

**October 12, Columbus Day**

**\*\* POST EVERLASTING \*\***

**Due to the Covid-19 we will hold this year 2020 Post Everlasting with the May 2021 Post Everlasting.**

**NO AUGUST DINNERS OR MEETINGS  
for the Remainder of 2020.**